

# Less Is More Guitar

**By Phil Johnson**

**[www.LessIsMoreGuitar.com](http://www.LessIsMoreGuitar.com)**

Published by Dangerous Grooves Records

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# Introduction

Welcome to Less Is More Guitar. I'm super glad we're going to get you playing guitar like you've always wanted! There are four goals with this teaching method:

1. To give you competency on the guitar as quickly as possible
2. To keep you out of the common ruts that many players get into
3. Brevity and efficiency
4. No "shortcuts" that sacrifice long-term ability for short-term results

With those goals in mind, this course does things in a different order that may seem odd at times. You don't need 11,000, 5000, or even 500 individual lessons to become a competent guitarist like most sites advertise. Save those for later when you want to dig deeper into particular skills, genres, or artists.

This method is also genre-agnostic. No matter what kind of style you'd like to play, these skills are applicable.

Right now the course is 22 lessons. Each can be learned in 1-2 weeks. Some students work faster, some slower. Whatever pace you work at is fine.

Your playing sessions should be 20-30 minutes, 5 days per week. More is great, but start with this. I've also included a system for practicing super efficiently with that small amount of time that still keeps it fun. You can even split it into two shorter sessions per day if you'd like. And yep, there's still playing time involved. After all, we're learning to play the guitar so we can play the guitar. Use the word "play" instead of "practice" when thinking about guitar and you'll enjoy it even more.

A couple other things to keep in mind:

- Print this entire book and put it in a binder. You'll absolutely want to make notes for yourself on the pages as you go along.

- I've edited the bejeezus out of this thing to give you the most information with the briefest text possible. So make sure you read all of it. And if you have questions, ask me.

- Mistakes don't matter. Nobody has ever been killed by a bad note. Learning to play through the mistakes without getting thrown off is one of the most important skills you can learn.

- Go for "better" instead of "perfect". At the end of each practice session, you may not have everything down perfect, but if it's better, you've won the day. The concepts here are timeless and you can review them whenever you want.

## Let's get on with it...